



# Empowering Women

“Even though you’ve seen them [breast exam flyers], you still don’t feel so good about it, I still felt oblivious...But to actually have the breast there where you’re feeling it, you’re seeing how much pressure you’re applying, I feel like it’s that step we need to push us in the right direction.”

**BEST Touch User**

*Black Women’s Wellness Day 2016*

“There is a need for better breast exam retention through feedback. It is important to learn the right amount of pressure and you can’t learn that from a video.”

**Nora Miller**

*GrapeVine Program Manager  
Wisconsin Women’s Health Foundation*



*BEST Touch  
Tabletop System*